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the Middle of October 24 “the Lord woke me up in the middle of the night saying **“I am making up for lost time”**. I had a sense it had to do with vision. He wants to make up for things that should have come to pass but they haven’t. **“I am going to make up for lost time.”**

There are things in all of our lives that we have prayed for, stood for and have known they should have come to pass and for whatever reason they haven’t. Well, we are in a new season. **“He is making up for lost time and things will come to pass”**.

**“We are in a season of things culminating”**. Culmination is the highest or climactic point of something, especially as attained after a long time; the end or conclusion of something. The outcome of growth or development that represents an attained objective; the climax of a story, the final crowning achievement, or the end result of years of research. The end point of something you have been working towards or something that’s been building up.

I keep hearing **“get them into the fields the harvest is ripe”**.

**John 4:34-38 Ampc.** *“Jesus said to them, “My food is to do the will of Him who sent Me, and to **finish His work.**”<sup>35</sup> Do you not say, It is still four months until harvest time comes? **Look!** I tell you, **raise your eyes and observe the fields and see** how they are already white for harvesting.”<sup>36</sup> Already the reaper is getting his wages [he who does the cutting now has his reward], for **he is gathering fruit (crop) unto life eternal,** so that he who does the planting and he who does the reaping may rejoice together.”<sup>37</sup> For in this the saying holds true, One sows and another reaps.<sup>38</sup> **I sent you to reap a crop** for which you have not toiled. Other men have labored and you have stepped in to reap the results of their work.”*

## **“The Value of Time”- (Redeeming the time 3- Making up for lost time)**

Time is one of our most precious commodities and how we use our time determines who we become, where we go and what we do. Time isn't something that can be stopped so we must learn how to use our time correctly in order to finish what we are called to do. **God wants us to value our time!**

To know the value of one year.. ask the student who failed the final exam.  
 To know the value of one month... ask the mother of a premature baby.  
 To know the value of one week... ask the editor of a weekly news magazine.  
 To know the value of one day... ask the the wage earner who has six children.  
 To know the value of one hour... ask the lovers who are waiting to meet. (  
 To know the value of one minute... ask the person who missed the plane.  
 To know the value of one second... ask the person who survived the accident.  
 To know the value of millisecond... ask the Olympic silver medalist. (Timed event)

In order to “**Value our Time**”, we want to Recapture our Why! Why am I doing what I'm doing? Am I operating in my gifts, strengths, calling

**Purpose-** I want people to know God and be the best them they can be

**Vision-** reach the world with the gospel and change lives one thought at a time

**Plan-** one service, teaching, conference, book, tv, media, one person at a time

**Ephesians 5:14-17 Ampc.** *“Therefore He says, **Awake**, O sleeper, and **arise** from the dead, and Christ shall shine (make day dawn) upon you and give you light. **Look carefully** then how you walk! **Live purposefully** and worthily and accurately, not as the unwise and witless, **but as wise** (sensible, intelligent people), **Making the very most of the time** [buying up each opportunity], because the days are evil. Therefore do not be vague and thoughtless and foolish, but understanding and **firmly grasping what the will of the Lord is.**”*

- Don't be vague and thoughtless and foolish. Go back over your purpose, vision and plan

**Colossians 4:5 NKJV** *“**Walk in wisdom** toward those who are outside, **redeeming the time.**”*

To walk in wisdom we want to know what is valuable and what is not valuable, what is important and what is not important. He redeemed us and wants us to

redeem our time. If we want maximum results then we need to understand the importance of time. **God wants us to value our time!**

We want to use our time correctly in order to become who we say we want to be  
We want to be productive over just being busy

Learning how to use your time correctly is a **skill set** that can be developed! **Time is the great equalizer like faith is the equalizer.** We all have 86,400 seconds, 1440 minutes, 24 hours in a day.

In today's age learning how to be focused and not distracted is important in order to be all that God has created us to be.

God has built into each day the grace, the mercy, the faith and the energy we need to be effective.

When we learn to invest our time correctly it helps us in every area of life to be the best us we can be. Spiritually, relationally, physically, vocationally, financially  
When we use our time correctly, the more discipline, focus, energy we will have to direct towards our purpose, vision and plan. **We can learn to value our time!**

**Colossians 3:23** *"whatever we do, do it heartily as for the Lord and not for man"*

There is a direct connection between using our time correctly and the ability to exhibit more willpower, discipline, energy and showing up to be our best each day

**Time is the currency of life.** What we do with it determines who become where we go and what we do.

Look at it like our bank account. Each decision is like a debit or a withdrawal from your account that has 86,400 seconds, 1440 minutes, 24 hours

When we don't use our time correctly we use up one of our most precious resources which is time and we wonder why we are tired, have no discipline or focus to build new habits and perform at our best. **God expects us to bear fruit.**

**John 15:8,16 Ampc.** *"When you bear (produce) **much fruit**, My Father is honored and glorified, and you show and prove yourselves to be true followers of Mine... You have not chosen Me, **but I have chosen you** and I have appointed you [I have planted you], that **you might go and bear***

***fruit and keep on bearing, and that your fruit may be lasting*** [that it may remain, abide], so that whatever you ask the Father in My Name [as <sup>[b]</sup>presenting all that I Am], He may give it to you”.

A lot of times making the right decision is a struggle for people because they have misused their time and depleted their energy, self discipline, and focus and there is nothing left to help them stay on course (**Matthew 22:37-40**) fill our energy supplies first thing and learn to keep them full throughout the day.

**EX:** of energy source at airport and knowing when to be 100%

When we learn to **prioritize our time and avoid distractions (Mark 4:19)** we can make more deposits in the bank account where self discipline, will power and energy are held. **God wants us to value our time!**

When we learn to use our time correctly we identify what should be getting our supply of energy and focus . We can have more will power and discipline in developing new habits or performing that day. We can learn to use our energy, focus and will power when we use our time correctly

- This helps us show up when we learn to count our days correctly
- **Psalms 90:12; Psalms 118:24**

**This is a skill set** that we can learn to help us improve our ability to reach our goals

Most people are walking around day after day in **decision fatigue**. They wonder around, getting some things done, they let the day tell them what to do instead of building the day on purpose and creating the world we want to live in on purpose

Don't let the small foxes spoil the vine. **Song of Solomon 2:15**

In other words don't let little things steal your focus, energy and time

We want to make quality decisions that help us walk in the life God has for us.

**Deuteronomy 30:19; John 10:10; Ephesians 2:10**

**Different mindsets about time that can hinder us:**

1. **People say, I prefer to work off of feel; schedules are too restrictive.**

Despite personalities most of the productive people in our society have and understanding about time. They know that time is the same for all of us. Winning the day eventually takes people in every walk of life to the top. Lets learn to **be productive over busy** (WIN- What's Important Now)

## 2. Believing that putting in more time is the most important thing.

We want to not just spend more time but spend the time we have on the things that produce the greatest results. **Be productive not just busy. Matthew 12:33**

Its not just the time you put in but what you put into your time that makes you productive. Having **start and stop points** make you the most productive.

**EX:** 30 minutes to return emails then move on; 2 ½-3 hours to rope then move on

## 3. Trying to do as much as they can in the least amount of time.

Over commitment is one of the worst things we can do for our productivity When we overcommit then the only solution is more time in the day and that's not possible. **EX: it costing me relationships**

When people overcommit a lot of times they get overwhelmed and they don't give the most important things the time they deserve

## 4. There is one time management system that can solve everyone's issues.

The key is to find what works for us individually. A high schooler or college student trying to improve their performance has different demands than a business owner

## 5. Trying to make a change to one's entire life all at once.

Rather than rearranging your whole life. Start small (**Psalms 37:23**). Small changes can make big differences. Start with changing a few small things and then adjust

**Here are some questions we can ask ourselves that will help us:** Have you estimated how many hours you need to complete your job this week?\_Do you

tend to complete your workouts when scheduled and on time? Do you begin your task at the same time each day?

Do you make a list of things that need done on paper or in your head?

Do you participate in social activities even when you know you should be sleeping, like social media? Do you schedule time to recover?

Do you know what task you will do tomorrow before you go to bed at night? Do you do most difficult work first each day? **Pm and Am routine**

**Application** - Learn to recognize and overcome decision fatigue.

Living decision to decision, day in and out will eventually cause decision fatigue. It will affect your will power and your ability to bring energy and focus to your task.

How do we beat this? **Plan and prepare ahead of time.** Making new habits takes energy, focus and will power so get started even if its small steps

Remember there is one thing that is the same for all of us and its time

**Time is the great equalizer.** We can't get more of it in the day, it's a constant so use it wisely. Using your time correctly each day will keep you progressing and developing into the best you you can be

Some people like a very detailed day and others like just enough frame work to get them heading in the right direction

### **MIT "most Important task"**

Find your strengths or a few of the most important things each day and give your best to them.

When we identify the most important things then we can learn to direct our energy and focus to these things first then allow the rest to go with the flow  
(**3 R'S**- Remember what is **require**, what gives the greatest **return**, and **reward**)

This allows the person who doesn't have the personality to be super structured to still get stuff done and use their time correctly. Locate 3-5 task, write them down and do them first or make sure you get them done

Make sure you don't write down to many where you don't get them done.

**Ex:** My **MIT's** are Ministry, Leadership and roping. Then I break it down into the **MIT's** and **3R's** for each thing (within these I read, study, work on mental game, workout, etc...)

These tasks should be the things identified as the most important task for that day to move us closer to our goals and be successful.

A good question is "if I get nothing but these MIT's done today, will I still get at least 1% closer to my goals and have a productive day?" **Psalms 37:23**

The key to this working is to write it down and refer to it through out the day.

Don't settle for I do better just thinking things through nonsense.

Set a time each week to review how we are doing (implement **Start, Stop, Continue**)

Our goal is to make progress and being organized is a big part of this.

To overcome decision fatigue where this strategy goes is to create this MIT list at the end of the workday or before you go to bed that way, we are ready to go when we wake up.

### **168 HOUR PLAN**

This can be used for individuals preparing for specific events. (Have the telescope goal then back it up to the microscope goal)

People who thrive off of extensive structure and exactness

This breaks down the weekly schedule in a very detailed manner providing the day-to-day schedule

If we know that there are 168 hours in the week we can reverse engineer it to be successful. You can look at the date of the competition or event and map it out breaking things down week by week, day by day

This isn't for everyone but to the right person it can be very effective

Most of the time its important to start with the MIT and progress to the 168 when you know it's a good fit. You can also combine it. Write down your MIT then schedule each part out

This is an **example of a high school athlete**. This can be done in 15, 30, 45 minute blocks based on what works best for you

6:15- wake up

6:15-45 morning routine

6:48-7:30 drive to school

7:30-8:00 free time at school

8-8:43 Spanish

8:45-9:26 algebra

9:30-10:28 advisory

10:30-11:11 science

11:13-11:54 history

11:56-12:37 study hall

12:39-1:06 lunch

1:08-1:49 computers

1:51-2:32 English

2:34-3:15 comp science

3:15-3:30- depart to high school practice

3:35-5:50- high school practice

6:00-6:30 drive to hitting

6:45-8:30- hitting

8:30-8:45- drive home

8:45-10:30 free time, homework, dinner

10:30-10:45 lights out

A different seasons things will adjust (I'm still learning to build margin)

### **Ex. When kids were little**

5:00- wake up

5-6:50 spend time with God, read, go over scripture, check schedule for the day

6:45-7 read to kids, breakfast

7:15-8:15 workout

8:30-11:30 work on notes, leadership

12-1: lunch

1-3:30 practice

4-6 return emails, calls, etc...

6-10 family time, dinner, etc..

**Let's value our time and produce more fruit than we ever have! God is making up for lost time!**



