

Soul Ties

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What is your soul?

Your soul is your mind, will and emotions. What you think, what you want and what you feel.

Human beings are 3 part creatures. We are a spirit being housed in a body, an earth suite and we have a soul.

Genesis 2:7 “and the Lord God formed man of the dust of the ground and breathed into his nostrils the breath of life, and man became a living soul”

Ecclesiastes 12:7 “then shall the dust return to the earth as it was and the spirit shall return to God who gave it”

Matthew 22:37 “Jesus replied “Love the Lord your God with all your heart, with all your soul and with all your mind”

2 Corinthians 5:17 “Therefore, if anyone be in Christ, they are a **new creation**, old things have passed away, behold all things have become new”

Tie- to attach/fasten someone/thing with a string/rod

What is a soul tie?

A soul tie is an emotional connection or bond with another person that unites you.

You can literally become chained or bound to a person thru your soul.

Ex.. Have you found yourself tormented by thoughts about a person, excessively wondering about them? Checking on them, social media stalking them, rehearsing times with them? YOU HAVE SOUL TIES

Have you grieved over a severed relationship with someone you were once close with? YOU HAVE SOUL TIES

Do you miss them, long for them, desire to be with them? YOU HAVE SOUL TIES

Not all soul ties are bad. We have good soul ties with our spouse, our kids, parents, siblings, close friends, co-workers, teammates, roommates, business partners, small groups...**AS LONG AS THE OTHER PERSON IS HEALTHY & HOLY & ACTIVELY PURSUING GOD!**

When soul ties are good & healthy the power of God is magnified

Good biblical soul tie

David & Jonathan

1 Sam. 18:1 “When David had finished speaking to Saul, **the soul of Jonathan was knit with the soul of David**, and Jonathan loved him as his own life”

Knit – joined together – to tie physically

Marriage - cleave together

Matt 19:4 ⁴ And He answered and said to them, “Have you not read that He who made *them* at the beginning ‘made them male and female,’ ⁵ and said, ‘For this reason a man shall leave his father and mother and be **joined (cleaved)** to his wife, and the two shall become one flesh’? ⁶ So then, they are no longer two but one flesh. Therefore what God has **joined together**, let not man separate.”

Joined - cleaved- united in love

Body is one – united in love

1 Corinthians 12:12 - Paul says- the body is a unit, though it is made up of many parts and though all its parts are many they form one body. So, it is with Christ.

- **every person has a part in the body & we are united thru Jesus -unity in spirit and in one body**

Colossians 2:2 Paul says, I want you to know how much I am struggling for you and for those at Laodicea (lay-o-da-ca) and for all who have not met me personally, my purpose is that they may be encouraged in heart and **united in love**. ” (NIV)

“that their hearts may be encouraged, **being knit together in love**”
(NKJV)

“united in love” same Greek word for knit together – in Christ

V19 –.....the Head, from whom all the body, nourished and **knit together** by joints and ligaments, grows with the increase *that is* from God.

“knit together” being held together by Christ

Ephesians 4:1-6 Paul says, I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, **endeavoring to keep the unity of the Spirit in the bond of peace.** *There is one body and one Spirit,* just as you were called in one hope of your calling; one Lord, one faith, one baptism; one God and Father of all, who *is* above all, and through all, and in you all

Bond of peace – knit together – in Christ

Ruth 1:14 “Then they lifted up their voices and wept again; and Orpah kissed her mother-in-law, but **Ruth clung to her.**

Again, soul ties are formed thru close friendships, thru vows, commitments, promises and thru sexual intimacy. God will strategically bring good relationships into our lives to form healthy soul ties.

Likewise, **Satan is always trying to counterfeit the things of God.** Satan will bring counterfeits into your life to cause confusion and try to knock you off track with ungodly soul ties.

Counterfeit (dictionary.com) – something made in exact imitation of something valuable or important with intention to deceive or defraud.

Counterfeit (Wikipedia) To counterfeit means to imitate something authentic, with the intent to steal, destroy, or replace the original, for use in illegal transactions, or otherwise to deceive individuals into believing that the fake is of equal or greater value than the real product. Counterfeit products are fakes or unauthorized replicas of the real product. Counterfeit products are often produced with the intent to take advantage of the superior value of the imitated product.

That is exactly how satan operates is thru deception, perversion, twisting of the true authentic thing

When unhealthy soul ties are formed satan is magnified

Biblical Ungodly soul ties –

1 Corinthians 6:15-17 “ Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make *them* members of a harlot? Certainly not! ¹⁶ Or do you not know that he who is **joined** to a harlot is one body *with her*? For “the two,” He says, “shall become one flesh.” ¹⁷ But he who is **joined** to the Lord is one spirit *with Him*.”

Joined – **uniting** – **knitted together** - sexual

But not always sexual – but to communicate a joining together; a uniting

Same word - Uniting with Jesus – not in a sexual way – Paul is simply saying not to be yoked together with unbelievers.

2 Corinthians 6:14-16 **Do not be unequally yoked together with unbelievers.** For what fellowship has righteousness with lawlessness? And what communion has light with darkness? And what accord has Christ with (BEE LYLE) Belial? Or what part has a believer with an unbeliever? And what agreement has the temple of God with idols? For you are the temple of the living God.

So here Paul is urging us to pay attention & be mindful of who we are yoked with.

Synonyms for yoke – harness, hitch, couple, tether, fasten, attach, join, team

And then same word cleave, I mentioned in Matt 19 about a man and woman cleaving together is the same word used in the book of Acts to describe something that’s clearly outside the marriage bond.

They’ve arrested the disciples for preaching in the name of Jesus and they’re trying to decide what to do with them. And then Gamaliel, stands up, orders the disciples outside for a moment.

Acts 5:35-39 “And he said to them: “Men of Israel, take heed to yourselves what you intend to do regarding these men. For some time ago Theudas rose up, claiming to be somebody. A number of men, about four hundred, **joined him**. He was slain, and all who obeyed him were scattered and came to nothing. ³⁷ After this man, Judas of Galilee rose up in the days of the census and drew away many people after him. **He also perished, and all who obeyed him were dispersed.**

Same word “Joined” here is also “cleave”

We don't know what these 400 men did? One could guess or form an opinion...some sort of pagan blood ritual or whatever **but it's the idea that humans can form unholy bonds, unholy ties with ppl outside of the marriage covenant with unholy ppl.**

Judges 16 -Samson & Delilah

[The story of Samson and Delilah is a tale of faith, betrayal, and redemption from the Book of Judges. Samson, a Nazirite consecrated to God with extraordinary strength, falls in love with Delilah, who betrays him. This leads to his downfall, blindness, imprisonment, and powerlessness. Samson's life ends tragically when he knocks down the pillars supporting the building he was taken to, killing himself and the thousands of Philistines inside¹](#)

How do soul ties form?

Anytime you spend a lot of time with a person you're creating soul ties.

- Close relationships
- sexual relationships
- vows, marriages, commitments, promises made, inner vows, business deals
- controlling parents, bosses...anyone who tries to control you

Several ways unhealthy soul ties are formed

- abusive relationships (physically, sexually, emotionally, verbally)

- adulterous affairs
- sex before marriage
- obsessive entanglements with a person (giving them more authority in your life than you give God)
- controlling relationships
- business deals w/ungodly ppl
- being unequally yoked w/companions & friends

4 indicators of wrong soul ties

1. Confusion
2. Misery
3. Torment
4. Disobedience to God

1. Confusion

When you are outside the will of God in a particular relationship, you are simply confused. Your feelings tell you one thing, yet your spirit tells you another. You want to believe your feelings because they seem so real and seem to scream the loudest but something deep inside of you, that would be the Holy Spirit, tells you differently. That's where the confusion comes in...your flesh vs. your spirit man

Confusion – is a lack of proper order and being mentally “mixed up”; lack of understanding, the state of being bewildered or unclear in one’s mind about something.

1 Corinthians 14:33 “For God is not *the author* of confusion but of peace...”

If you are not experiencing peace in a relationship, then something is not right. The Holy Spirit is warning you and working on getting your attention.

Galatians 1:7 (NIV) says “Evidently some ppl are throwing you into confusion and are trying to pervert the Gospel of Christ”

We need to respect the warnings and learn to listen to the leading of the Holy Spirit.

Solution to the confusion – PRAISE!!!

Psalm 22:3 tells us that God inhabits the praises of His ppl!!! So begin to PRAISE Him for clarity and wisdom! Worship and praise invites the very presence of God into your life right where you are, and confusion cannot coexist in the presence of God!

2. Misery

As long as we continue to actively sin against God, do what we do not have peace about we will continue to be miserable. Joyce Meyer says, **“There is nothing more miserable than a born-again sinner”** When we persist in doing things that we know God is not in agreement with, we will continue to experience misery. Remember the saying...“ Misery loves company” Miserable ppl like to share the misery!

Misery by definition is the state of feeling great distress or discomfort of mind or body.

You may feel uneasy inside, extreme anxiety, sorrow or pain. You may feel disgusted by what you’re doing but feel powerless to change it or walk away. All signs that satan is at play here BUT he doesn’t win!!! The solution is repentance!!

David cried out to God in **Psalm 38:8** “I am exhausted and completely crushed, my groans come from an anguished heart” sound familiar??

Psalm 23:3 says “He restores my soul” these four little words will redefine your life! God will and can restore your mind, will, emotions which will redefine your life!! God’s definition of RESTORATION is making it better than it was before!! Hallelujah!!!

3. Torment

A tormented mind is not the mind of Christ! The mind of Christ is one that is peaceful no matter the situation. When satan invades our souls with wrong soul ties our minds will not be at rest.

When you are tied to the wrong ppl, you take on their spiritual warfare, their torment, their brokenness as well as what the enemy is doing to you thru them.

Do you feel exhausted, empty, uneasy, sad, depressed, lonely, hopeless? All signs that satan is at play...Your mind is the battlefield.

Is ur mind constantly replaying images or thoughts of the past over and over...kinda like a broken record? Do these thoughts produce fear, deep sadness, make u feel unclean? Whatever is going on in ur mind is projected in ur attitude and emotional state.

Your feelings/attitude are indicators of what you are thinking about. If you feel depressed, you are thinking on depressing thoughts! Get your mind and thoughts off yourself and on the word, the light, the truth!!

If you feel ashamed, you are thinking on thoughts of shame not the truth of being washed white as snow, the blood covers the sin, washes it away, separates you from it as far as the east is from the west. GET YOUR THOUGHTS RIGHT GET YOUR LIFE RIGHT!!!

2 Corinthians 10:5 says that we are to renew our minds by taking every thought captive that doesn't line up with the word of God

Ex. Of roman soldier

You cannot defeat thoughts with thoughts. No mental gymnastics. You defeat thoughts with words. When I say red barn, what do you see? When I say black dog, what do you see? When I say speckled pup under a wagon wheel, what do you see? Get the idea... ur mind wraps around words...so speak the right words!!

Prov. 18:21 “Death and life are in the power of the tongue...” CHOOSE LIFE WORDS!!!

4. Disobedience

We may not consciously choose to disobey God. However, when you don't do what He's telling you to do, you've disobeyed. According to Deuteronomy 28, obedience opens the door for blessings in our lives where disobedience opens the door to curses in our lives. Remember partial obedience is still disobedience. Delayed obedience is still disobedience. And disobedience keeps us under the curse. And you will remain miserable. The more obedient you are, the more bondage will be stripped away from your life.

Sum it up... soul ties can be good or good bad.. God wants us to have healthy holy bonds while satan tries to deceive us into unhealthy, unholy bonds.

Our relationships matter – 1 Corinthians 15:33 tells us that bad morals corrupts good character.

Good soul ties – David & Jonathan, Ruth & Naomi, the marriage covenant, good healthy whole relationships where both ppl are actively pursuing relationship with God.

Unhealthy soul ties – Samson & Delilah, equally yoked w/unbelievers –

When soul ties are good & healthy the power of God is magnified and when they are bad, satan is magnified